



10/09/2023

## 1ª EDIÇÃO DO TRAIL DA CURVACHIA

### CLASSIFICAÇÃO GERAL 10KM

| Pos | Atleta                     | Equipa                       | Tempo       |
|-----|----------------------------|------------------------------|-------------|
| 1   | Guilherme Lourenço 1-SEN M | CRP Ribafria                 | 0:48:34.448 |
| 2   | Rodrigo Vieira 1-SUB23 M   | A. C. S. Mamede              | 0:54:16.120 |
| 3   | Valter Serrano 1-M35       |                              | 0:54:16.437 |
| 4   | Orlando Marques 1-M45      |                              | 0:54:56.795 |
| 5   | Alexandre Sousa 2-M35      | CPR A-do-Barbas              | 0:55:24.981 |
| 6   | Luis Campino 3-M35         | Caminhantes Dominicais       | 0:58:47.256 |
| 7   | Sérgio Ferreira 4-M35      | Trail do Dragão              | 1:02:20.205 |
| 8   | Helder Godinho 5-M35       | Bairro dos Anjos             | 1:03:17.733 |
| 9   | Leonel Frazão 1-M50        | Bairro dos Anjos             | 1:03:29.620 |
| 10  | Bruno Jorge 2-SEN M        |                              | 1:03:47.365 |
| 11  | Francisco Ferreira 1-M55   | Os Tolinhos                  | 1:03:52.904 |
| 12  | Luis Fernandes 1-M40       | CPR A-do-Barbas              | 1:04:46.250 |
| 13  | Pedro Novo 2-M40           | CPR A-do-Barbas              | 1:05:48.828 |
| 14  | Pedro Fetal 3-SEN M        | A. C. S. Mamede              | 1:06:09.817 |
| 15  | Vítor Rodrigues 6-M35      |                              | 1:06:39.908 |
| 16  | Rodolfo Oliveira 3-M40     | Caminhantes Dominicais       | 1:09:06.633 |
| 17  | Pedro Romão 2-M45          | Os Tolinhos                  | 1:09:06.792 |
| 18  | Edgar Lemos 3-M45          | Caminhantes Dominicais       | 1:09:41.158 |
| 19  | Luis Belo 1-M60            | Os Tolinhos                  | 1:09:43.244 |
| 20  | Cátia Montez 1-SEN F       | CPR A-do-Barbas              | 1:10:38.289 |
| 21  | Jorge Moita 7-M35          |                              | 1:11:06.304 |
| 22  | Isaac Gomes 4-M40          | Caminhantes Dominicais       | 1:11:56.818 |
| 23  | João Reis 2-M50            | RUNMELT                      | 1:11:58.347 |
| 24  | Catarina Afonso 1-F40      | Grupo Alegre e Unido Bajouca | 1:12:11.574 |
| 25  | Toni Lima Gaio 5-M40       |                              | 1:12:20.510 |
| 26  | Bruno Pereira 6-M40        |                              | 1:12:20.655 |
| 27  | Susana Pereira 1-F50       | CPR A-do-Barbas              | 1:12:28.757 |
| 28  | Filipe Frade 4-M45         | CPR A-do-Barbas              | 1:12:42.052 |
| 29  | Pedro Joaquim 5-M45        | LIZRUNNERS                   | 1:12:47.743 |
| 30  | Mara Rolim 2-F40           |                              | 1:12:58.877 |
| 31  | David Figueirinha 4-SEN M  | RUNMELT                      | 1:13:09.375 |
| 32  | Frederico Biel 2-M60       |                              | 1:13:53.419 |
| 33  | Filipe Silva 6-M45         |                              | 1:13:58.789 |
| 34  | Patricio Gaspar 7-M40      |                              | 1:14:07.070 |
| 35  | Edgar Fernandes 7-M45      |                              | 1:14:18.848 |
| 36  | Joana Biel 3-F40           |                              | 1:14:48.783 |
| 37  | João Grosso 5-SEN M        | Crazy Runners                | 1:15:08.486 |
| 38  | Fernando Rodrigues 3-M50   |                              | 1:15:26.093 |
| 39  | Hélio Soares 8-M40         | Amigos da Corrida            | 1:16:11.257 |
| 40  | Virgilio Alberto 4-M50     | Grupo Alegre e Unido Bajouca | 1:17:20.726 |

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|----|--------------------------|----------------------------|-------------|
| 41 | Nuno Santos 9-M40        | Bairro dos Anjos           | 1:17:48.972 |
| 42 | Sérgio Ferreirinho 5-M50 |                            | 1:20:08.246 |
| 43 | Marco Cordeiro 10-M40    | RUNMELT                    | 1:20:23.694 |
| 44 | Marina Maurício 1-F55    |                            | 1:20:37.917 |
| 45 | Arménio Neves 8-M45      |                            | 1:21:07.920 |
| 46 | Nuno Granja 9-M45        | ESTILHAÇOS                 | 1:21:39.567 |
| 47 | Bruno Luís 11-M40        | ESTILHAÇOS                 | 1:23:06.015 |
| 48 | João Batalha 6-SEN M     | CPR A-do-Barbas            | 1:23:34.831 |
| 49 | Carla Santos 1-F45       |                            | 1:24:04.563 |
| 50 | António Santos 10-M45    |                            | 1:24:04.794 |
| 51 | Cláudio Carvalho 11-M45  |                            | 1:24:05.945 |
| 52 | Pedro Cruz 12-M45        |                            | 1:24:06.874 |
| 53 | Nuno Ferreira 13-M45     | CPR A-do-Barbas            | 1:24:43.785 |
| 54 | Diogo Gomes 12-M40       | RUNMELT                    | 1:25:32.175 |
| 55 | Rui Pedro 14-M45         |                            | 1:26:06.741 |
| 56 | Marco Teixeira 15-M45    | Wildboys  Riding Addiction | 1:26:24.570 |
| 57 | Aníbal Pisco 3-M60       |                            | 1:26:30.887 |
| 58 | Rosália Ribeiro 4-F40    |                            | 1:27:19.213 |
| 59 | Alexandre Blanco 16-M45  | Os Tolinhos                | 1:27:55.234 |
| 60 | Sofia Costa 13-M40       | RUNMELT                    | 1:28:28.314 |
| 61 | Ana Cunha 5-F40          |                            | 1:28:38.248 |
| 62 | Cruz Gonçalo 14-M40      |                            | 1:28:46.185 |
| 63 | Helena Brites 2-F45      | Trail do Dragão            | 1:29:12.808 |
| 64 | André Carnide 7-SEN M    | SINMETRO                   | 1:30:07.593 |
| 65 | Marisa Gomes 2-SEN F     | 100 gás trail team         | 1:31:20.655 |
| 66 | Diogo Casalinho 8-SEN M  |                            | 1:32:01.737 |
| 67 | Pedro Belo 8-M35         | CRP Ribafria               | 1:32:02.250 |
| 68 | Susana Tereso 1-F35      | HCT Running Team           | 1:32:02.637 |
| 69 | Elsa Fajardo 3-F45       | Crazy Runners              | 1:32:37.037 |
| 70 | Miguel Felgueiras 17-M45 |                            | 1:32:38.157 |
| 71 | Luis Alexandre 6-M50     | Tres Festarolas            | 1:34:04.777 |
| 72 | Gonçalo Martins 18-M45   | SINMETRO                   | 1:35:13.369 |
| 73 | João Almeida 7-M50       |                            | 1:35:23.271 |
| 74 | Cristina Joaquim 2-F50   |                            | 1:35:24.281 |
| 75 | Aniceta Santo 6-F40      |                            | 1:36:26.928 |
| 76 | Raúl Inácio 19-M45       |                            | 1:36:27.950 |
| 77 | Catarina Bregieiro 7-F40 | VisionSoft                 | 1:36:28.066 |
| 78 | Carla Calvete 4-F45      | Tres Festarolas            | 1:36:29.371 |
| 79 | Lucília Carreira 5-F45   |                            | 1:36:51.995 |
| 80 | Pedro Rodrigues 20-M45   |                            | 1:36:52.042 |
| 81 | João Abraúl 8-M50        | NB                         | 1:37:35.517 |
| 82 | Hugo Coelho 9-M50        | NB                         | 1:37:36.155 |
| 83 | Nuno Palhinha 15-M40     | NB                         | 1:37:36.401 |
| 84 | Rui Bagagem 10-M50       | NB                         | 1:37:37.102 |
| 85 | Joao Alexandre 11-M50    | Tres Festarolas            | 1:37:37.356 |
| 86 | Luisa Ferreira 4-F50     |                            | 1:37:53.799 |
| 87 | Lúcio Marcelino 16-M40   |                            | 1:38:20.995 |
| 88 | Rosália Maria 2-F55      | Clube Veteranos do Lis     | 1:42:25.462 |
| 89 | Anabela Quintal 6-F45    | Crazy Runners              | 1:45:01.118 |
| 90 | Joel Valente 21-M45      | NEL - Pédatleta            | 1:46:41.415 |

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|-----|---------------------------|-----------------------|-------------|
| 91  | Regina Ferreira 3-F55     | CPR A-do-Barbas       | 1:46:51.297 |
| 92  | Telma Curado 7-F45        |                       | 1:47:47.396 |
| 93  | Angela Domingues 3-F50    | Tres Festarolas       | 1:47:48.587 |
| 94  | Maria Antunes 1-F60       |                       | 1:49:25.584 |
| 95  | Pedro Gago 12-M50         |                       | 1:49:28.274 |
| 96  | Manuel Antunes 4-M60      |                       | 1:49:46.137 |
| 97  | Andrea Cravo 8-F45        | Crazy Runners         | 1:49:48.331 |
| 98  | Joao Antunes 13-M50       | Crazy Runners         | 1:49:48.744 |
| 99  | Maria Tomaz 9-F45         | Crazy Runners         | 1:49:49.076 |
| 100 | Vítor Fernandes 5-M60     | CALMA - Tomar         | 1:52:12.867 |
| 101 | Antonieta Fonseca 10-F45  | Tres Festarolas       | 1:55:22.511 |
| 102 | Maria Joao Ervilha 11-F45 | Tres Festarolas       | 1:55:22.551 |
| 103 | Eurico Freitas 17-M40     |                       | 1:57:00.438 |
| 104 | Paula Ferreira 12-F45     |                       | 1:59:10.238 |
| 105 | Ricardo Quintas 22-M45    |                       | 1:59:11.335 |
| 106 | Elisabete Ferraz 5-F50    |                       | 2:14:06.493 |
| 107 | Helena Santos 4-F55       |                       | 2:24:54.264 |
| 108 | David Clemente 18-M40     | Desafios Positivos D+ | 2:24:56.101 |

#### CLASSIFICAÇÃO GERAL 18KM

| Pos | Atleta                    | Equipa                                 | Tempo       |
|-----|---------------------------|----------------------------------------|-------------|
| 1   | Carlos Barbara 1-M35      | A. C. S. Mamede                        | 1:25:25.682 |
| 2   | Jorge Silva 1-SEN M       | Os Tolinhas                            | 1:30:06.977 |
| 3   | Samuel V Reis 2-M35       | Os Tolinhas                            | 1:32:41.487 |
| 4   | Cláudio Júnior 2-SEN M    | A. C. S. Mamede                        | 1:36:42.305 |
| 5   | Luís Ramos 1-M50          | Arredaguilhotas pro team               | 1:38:48.198 |
| 6   | Patricia Carreira 1-SEN F | SINMETRO                               | 1:41:34.146 |
| 7   | Edson Silva 3-M35         |                                        | 1:42:35.905 |
| 8   | António Oliveira 1-M40    | LIZRUNNERS                             | 1:42:41.379 |
| 9   | Tiago Simões 2-M40        |                                        | 1:43:50.548 |
| 10  | Manuel Filipe 1-M55       | Notícias de Colmeias Atletismo         | 1:46:17.153 |
| 11  | André Canelas 3-SEN M     |                                        | 1:46:56.489 |
| 12  | Tiago Claro 4-SEN M       | SicóTrilhos                            | 1:48:00.130 |
| 13  | Pedro Rodrigues 2-M55     | CPR A-do-Barbas                        | 1:48:14.973 |
| 14  | Miguel Marques 2-M50      |                                        | 1:48:41.837 |
| 15  | Francisco Ferreira 3-M55  | Grupo Alegre e Unido Bajouca           | 1:48:46.913 |
| 16  | Pedro Barros 1-M45        | Os Tolinhas                            | 1:49:11.728 |
| 17  | António Ferreira 4-M55    | Os Tolinhas                            | 1:49:12.501 |
| 18  | Jocelina Ferreira 1-F50   | Montanha clube trail running Efapel    | 1:49:24.932 |
| 19  | Nuno Miranda 3-M40        |                                        | 1:49:47.821 |
| 20  | Nuno Santos 2-M45         |                                        | 1:50:44.437 |
| 21  | Aníbal Godinho 5-M55      | Caracol Trail Team                     | 1:52:39.070 |
| 22  | Carlos Gigas 4-M40        | CPR A-do-Barbas                        | 1:52:41.940 |
| 23  | Jorge Vieira 5-M40        | Pés Andantes Olival Trail Team         | 1:52:55.496 |
| 24  | Tiago Pereira 6-M40       | Pés Andantes - Trail Team              | 1:53:07.260 |
| 25  | Pedro Guerra 3-M45        |                                        | 1:53:37.189 |
| 26  | Rodolfo Órfão 4-M45       | SINMETRO                               | 1:55:07.323 |
| 27  | Carolina Pereira 2-SEN F  | A. C. S. Mamede                        | 1:55:16.244 |
| 28  | Filipe Moreira 5-M45      | Porto de Mós a Correr - Reino da Pedra | 1:57:30.640 |
| 29  | Fátima Alendouro 2-F50    | Porto de Mós a Correr - Reino da Pedra | 1:58:39.798 |

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| 30 | Dany Grilo 4-M35         | Grupo Alegre e Unido Bajouca   | 1:59:00.630 |
| 31 | Pedro Gordo 6-M45        | Amigos da Corrida              | 1:59:12.430 |
| 32 | Tiago Teixeira 5-M35     |                                | 2:00:04.009 |
| 33 | Márcio Madeira 7-M40     | LIZRUNNERS                     | 2:01:06.392 |
| 34 | Pedro Pereira 6-M35      |                                | 2:01:23.734 |
| 35 | Ricardo Mordomo 7-M35    | Clube Desportivo de Espite     | 2:02:55.465 |
| 36 | Jorge Vicente 5-SEN M    |                                | 2:03:26.747 |
| 37 | Luis Mónico 3-M50        | Crazy Runners                  | 2:04:01.857 |
| 38 | José Lemos 1-M60         | Os Tolinhos                    | 2:05:15.388 |
| 39 | Pedro Correia 4-M50      |                                | 2:05:23.238 |
| 40 | Glória Serrazina 1-F60   | CRP Ribafria                   | 2:05:46.178 |
| 41 | Paulo Dias 8-M40         |                                | 2:05:55.806 |
| 42 | Cláudio Sousa 5-M50      |                                | 2:06:26.695 |
| 43 | Fernando Tavares 2-M60   | 100 gás trail team             | 2:09:35.237 |
| 44 | Luis Neves 6-M50         |                                | 2:10:38.299 |
| 45 | Pedro Santos 9-M40       | Fajarda Runners                | 2:11:19.583 |
| 46 | Marta Ribeiro 1-F45      | Os Tolinhos                    | 2:12:56.784 |
| 47 | Miguel Alendouro 6-SEN M |                                | 2:12:57.778 |
| 48 | Liza Lizz 1-F40          | Adc breamo                     | 2:13:08.422 |
| 49 | João Valério 7-SEN M     | Os Tolinhos                    | 2:13:17.226 |
| 50 | Paulo Pereira 7-M45      | Os Tolinhos                    | 2:13:17.226 |
| 51 | Renato Lourenço 10-M40   | CRP Ribafria                   | 2:13:35.054 |
| 52 | José Martins 6-M55       | Clube Veteranos do Lis         | 2:17:15.068 |
| 53 | Patricia Gomes 3-SEN F   |                                | 2:17:24.212 |
| 54 | Luis Valente 8-SEN M     |                                | 2:17:28.886 |
| 55 | Lurdes Gaspar 3-F50      |                                | 2:18:10.059 |
| 56 | Anabela Ribeiro 2-F45    | SINMETRO                       | 2:18:11.191 |
| 57 | Fábio Henriques 9-SEN M  | SINMETRO                       | 2:18:18.544 |
| 58 | Ana Vieira 2-F40         |                                | 2:18:33.888 |
| 59 | Inês Gaspar 1-F35        |                                | 2:18:36.536 |
| 60 | Rui Silva 11-M40         | SINMETRO                       | 2:20:10.644 |
| 61 | Horácio Lopes 3-M60      |                                | 2:20:52.310 |
| 62 | Joana Guiomar 3-F40      | A. C. S. Mamede                | 2:22:36.918 |
| 63 | Joel Ferreira 10-SEN M   | SINMETRO                       | 2:22:40.645 |
| 64 | Susana Bértolo 4-F50     | Os Tolinhos                    | 2:22:51.331 |
| 65 | Tina Silva 2-F60         | Os Tolinhos                    | 2:23:08.490 |
| 66 | Samuel Nunes 8-M45       | Os Tolinhos                    | 2:26:48.123 |
| 67 | Filipe Nogueira 7-M50    | Notícias de Colmeias Atletismo | 2:28:18.004 |
| 68 | Carla Rodrigues 3-F45    | Notícias de Colmeias Atletismo | 2:28:19.024 |
| 69 | Carmen Almeida 4-F40     | Serviços Sociais Montepio      | 2:28:19.107 |
| 70 | Cristina Graça 5-F50     |                                | 2:30:04.520 |
| 71 | João Rodrigues 8-M50     | Freerunners / IDentPrint       | 2:33:07.502 |
| 72 | Camane 9-M45             | Canitas Leitoes                | 2:33:52.938 |
| 73 | Gonçalo Ramos 12-M40     | CCR Alqueidao da Serra         | 2:34:50.507 |
| 74 | César Ferreira 9-M50     |                                | 2:35:00.806 |
| 75 | Vitor Faustino 4-M60     |                                | 2:35:12.878 |
| 76 | Vitor Dinis 10-M50       |                                | 2:35:14.077 |
| 77 | József Bletán 5-M60      | Os Tolinhos                    | 2:38:46.689 |
| 78 | Teresa Ferreira 1-F55    | Airbike                        | 2:41:16.868 |
| 79 | Norberto Abreu 10-M45    | Barbichas do lis               | 2:57:27.739 |

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|----|-----------------------|------------------------------|-------------|
| 80 | Luísa Areia 2-F35     | Grupo Alegre e Unido Bajouca | 3:04:10.642 |
| 81 | Ana Martins Ana 6-F50 | Clube Veteranos do Lis       | 3:07:59.511 |
| 82 | Rui Roberto 11-M50    |                              | 3:08:08.679 |

CLASSIFICAÇÃO EQUIPAS FEMININAS

| Pos | Atleta                         | Pontos |
|-----|--------------------------------|--------|
| 1   | Os Tolinhos                    | 21     |
| 2   | A. C. S. Mamede                | 32     |
| 3   | SINMETRO                       | 88     |
| 4   | Grupo Alegre e Unido Bajouca   | 125    |
| 5   | Notícias de Colmeias Atletismo | 145    |